

# VEGAN MENU

## Starters

### SOUP OF THE DAY

£3.95

Please enquire when you arrive and we can confirm whether the soup of the day is vegan

### TASTER SELECTION BOARD v

£6.95

A selection of plump black and green olives marinated in herb, garlic & red pepper infused olive oil served with salad leaves, Argentinean chimichurri topped tahini hummus and world inspired flatbread.

### WORLD INSPIRED GRILLED FLATBREADS SHARING BOARD v

£6.95

Our flatbreads are freshly baked in-house, seasoned with spices selected from the continents - chilli, cumin, garlic & rosemary. Served with an olive oil and balsamic vinegar dip accompanied by a trio of tahini hummus, with fresh toppings of Moroccan harissa paste, Argentinean chimichurri.

## Mains

All dishes are accompanied by triple cooked chips, sweet potato fries, jacket potato or a side salad & dressing

### MEXICAN VEGETABLE BURITTO BOWL v

£8.95

Mexican spiced vegetables with a tomato & red pepper sauce, served with rice.

### SPICY BEAN BUNLESS BURGER

£8.95

A blend of kidney beans, coriander, tomato, jalapeno, chilli, paprika and cayenne pepper, served with a lettuce, tomato and a choice of toppers (please refer to main menu for options).

### HOUSE SALAD v - GF AVAILABLE

£5.95

Served with mixed salad leaves, tomatoes, cucumber, red onion, spring onion, peppers & topped with garlic herb croutons. – Please refer to the main menu for choice of salad dressing.

## Sides

### TRIPLE COOKED CHIPS v GF £1.95

Made fresh in-house, full of flavour & fluffy texture with a crisp & light outside.

### SWEET POTATO FRIES v £1.95

A sweeter tasting alternative to chips.

### ENGLISH SAUTE

#### SELECTION v £1.95

Baby leaf spinach & shreds of kale that have been delicately sautéed & black pepper then.

### ITALIAN BBQ GRILLED

#### VEGETABLES v £2.95

Herb marinated BBQ roasted red peppers, sun dried tomato, courgette, red onion & butternut squash dressed in a luxurious chilli, garlic herb & truffle oil.

### STEAMED BROCCOLI v £1.95

Florets of perfectly steamed broccoli

## Sauces

### ARGENTINIAN

#### CHIMICHURRI v GF £1.95

A sauce made from herbs, garlic & lemongrass...the rest is a secret!

### AMERICAN SWEET BBQ v £1.95

This complex sauce is a rich, thick, sweet, spicy, smoked sauce & goes perfectly with everything!

### MOO'S MEMPHIS

#### BBQ SAUCE v GF £1.95

This BBQ sauce has a fantastic flavour & has its origins from the deep south. Made with tomato & a blend of spice.

# PRE-ORDER MENU

Items shown below are for pre-order only

## Starters

### VEGETABLE KEBABS

£4.95

A selection of skewered vegetables, grilled and served on a bed of mixed salad.

## Mains

### ARRABBIATA PASTA

£9.95

Pasta quills with spicy tomato and basil sauce with garlic, fresh chillies and black olives.

### THREE BEAN CHILLI

£8.95

A meatless classic with packed with beans and vegetables in a spicy tomato based sauce.

### MUSHROOM RISOTTO

£8.95

Risotto with onions, garlic and mushrooms.

### ORIENTAL SALAD

£7.95

Crisp mixed leaves, tossed with spring vegetables in a sesame ginger dressing & topped fried wontons & toasted cashew nuts.